



COMPETITIVE COMPANY SCHOOL POLICY 2019-2020

Congratulations on becoming a member of our 2019 - 2020 Competition Team! Please read the following information and sign the dancer/parent agreement at the end of this guide.

The Competition Program is designed to provide young dancers a chance to train and perform at an advanced level. Developing a discipline and commitment to teamwork, confidence, personal and collective accomplishment.

Attendance

Consistent attendance in all classes (not only competition rehearsal classes) is **MANDATORY**. In the event of a late arrival for class or an absence, you must contact the office (not the director or the teachers) by phone before the time of the class. If you email in the absence on the same day it may not make it to the teacher in time. Dancers are not allowed to miss more than 10% of their classes per 12 week term (September 9th - November 30th, December 1st - March 7th, March 16th – June 7th). If more than 10% of classes are missed during any term and your child has a solo they will be required to sit out their solo for one competition. If your child does not have a solo they will have their status in the program reviewed and a suitable penalty will be deemed. Dancers are not permitted to go on vacation from after the winter break (January 6th) until mid May when competition season is complete. March Break is not included in these dates and vacation is permitted at that time.

Communication

We understand the importance of sending out and receiving information on a day to day basis. For this reason we will be providing each family with frequent emails that contain important information and updates at the studio. Additionally this information will be posted on the studio information board and occasionally sent home in a hand out with the students. Ultimately it is the parent's responsibility to be sure that all information is received and understood. Please check dance bags and lockers for possible paper handouts. Please make sure that your email address is current and notify us of any changes.

Emailing the studio: depending on the amount of emails please allow for 1-3 business days for a response. For urgent matters please call the studio directly (519)767-5361. Do not contact Michelle's cell phone or the teacher's cell phones. If you do have their numbers please use for emergencies only.

General info@emotiondancecompany.ca

Lynn lynn@emotiondancecompany.ca

Michelle michelle@emotiondancecompany.ca

The studio uses Facebook and Instagram as a tool for communication as regular updates are posted. 'LIKE US' on Facebook and 'FOLLOW US' on Instagram!



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24 Hour Rule

We follow the '24 hour rule'. This is the mindful practice of waiting 24 hours before taking action to something that is important. If a concern or issue is to arise (whether dancer-dancer, teacher- dancer, parent- teacher or parent- parent) please allow yourself the time to reflect and wait 24 hours before bringing it to our attention. By this time you will have a better perspective and often you will find a more calm approach to your concern. The issue can now be resolved quickly, in a civilized manner and to everyone's satisfaction. This rule has many purposes:

1. Allows each party involved during an issue to step back and clear the initial emotional elements
2. Provides a clear understanding of what is expected from all parties involved
3. Provides a clear and concise process for problem resolution
4. Promotes direct communication
5. Provides an avenue of fairness and opportunity to every student, parent and teacher

Code of Conduct

Student Code of Conduct: The dancers in the competitive program are expected to be role models both within and outside the studio. Behaviour in all classes, change rooms and any area of the studio must be professional at all times, i.e.: respecting your teachers, administrators, assistants and fellow students, adhering to dress code, using appropriate language, discussing appropriate content and behaving courteous and in a respectful manner at all workshops, competitions and performances.

- Respect for teachers, administrators, parents and peers will be expected at all times. Cliques or bullying will not be tolerated. Dancers behaving inappropriately will be asked to stop and possibly leave the class, parents will be contacted.
- Dancers may only attend Emotion Dance Company for all dance related classes. Any dance classes attended at another dance studio are a conflict of interest and will not be allowed.
- Dancers are expected to attend class and be punctual.
- Please arrive 15 minutes prior to your class to warm-up and be prepared for class.
- Any student arriving late must check in at the front desk. Please enter the studio quickly and quietly so as not to disrupt the class.
- No running in the studios, touching mirrors or hanging off the barres.
- Dancers must be dressed in proper attire for every class. Emotion Dance Company class uniform requirements must be met.
- Hair must be in a bun for all ballet classes and pulled back off the face for all other classes except hip hop.



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- Dancers must treat the studio as if it was their home. Clean up all messes, compost, recycle and throw out any garbage in the many bins provided.
- No food is allowed in the dance studios, except on special spirit days. Water bottles are allowed and encouraged.
- Theft of any kind will not be tolerated. Do not go through other people's belongings.
- No swearing or foul language.
- No gum is allowed in the studio at any time.
- No cell phones allowed in the dance studios unless for educational/recording purposes. .
- Dancers are advised to not leave the premises between classes without adult supervision. Students are encouraged to use our student lounge area/homework area at these times.
- Label all belongings and leave all valuables at home. Emotion Dance Company cannot be held responsible for any lost or missing belongings. Please check the lost and found bin regularly as all items will be donated after a certain length of time.
- We encourage all of our students to work and try hard, and achieve their goals

Parent Code of Conduct: The parents in the competitive program are also expected to act as models of good behaviour and conduct themselves in a positive, supportive and respectful manner when interacting with students, instructors, administrators and parents both within and outside the studio as well as workshop and competition organizers. Inappropriate behaviour of any kind towards a student, parent or teacher will result in immediate intervention. This type of behaviour includes but is not limited to intimidating, threatening or otherwise hostile actions by written note, email, words, gestures, comments on social media and/or body language. Public criticisms and gossip of another student, parent, teacher, administration and the studio are unacceptable. There will be no discussion of concerns in the studio hallways, change rooms, lobby areas , parking lot or via electronic mediums such as Facebook, Messenger, Twitter, Instagram, personal blog sites or other forms of electronic information sharing. If a concern arises please direct it towards the director/instructors/staff at Emotion Dance Company and we will deal with it appropriately. Please bring the concern to our attention immediately instead of allowing it to progress. Additionally, if you have any concerns please request to speak in private rather than in public areas of the studio. Please keep in mind that each student and parent is a representation of the studio and your behaviour reflects upon not only yourself, but the studio, teachers and dancers.

I will:

- Encourage and help my child to follow the student code of conduct.
- Enjoy watching my child grow, learn and be challenged.
- Communicate regularly with the studio.
- Ensure that my child attends class regularly, in uniform and on time.
- Inform the school promptly about absences or late arrivals.



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- Drop off and pick up my child on time. Ensure to pick up my child/students no more than 15 minutes after class ends.
- Conduct myself in a way that promotes respect and encourages others to always be their best self.
- Help instructors/administrators deal with disciplinary issues involving my child.
- Make an appointment at the front desk if I wish to book a meeting with an instructor rather than interrupt the class.
- Follow the 24 hour rule.
- Trust the professional guidance the instructors at Emotion Dance Company gives my child.
- Only attend Emotion Dance Company for all dance related classes for my child from September 1st to June 30th. Any dance classes attended at another dance studio are a conflict of interest and will not be allowed.

I will not:

- Make disparaging remarks of any type with regard to the studio, instructors, choreographers, administration, costumes, other parents and dancers or publicly criticize them in the studio, on the studio premises, on social media, on electronic mediums or at any studio related event.
- Raise an issue with or question a teacher's judgment in public, instead will bring forth the issue or disagreement in writing to administration.

I understand:

- If myself or my child exhibits inappropriate behaviour my child may be removed from the competitive program. I agree to partner with instructors and administration to resolve behavioural issues immediately so my child may return to class promptly

Social Media

Behaviour from both parents and students must be appropriate, respectful and courteous while posting on social media sites such as Facebook, Twitter and Instagram. Any act of cyber bullying or inappropriate behaviour will result in immediate intervention from the director, instructors or staff at Emotion Dance Company.

We do encourage you to FOLLOW and LIKE our social media accounts as well as comment often with positivity and enthusiasm.

Mandatory Classes & Choreography



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In order to participate in the full competitive program, the following technique classes are mandatory. Choreography classes are additional. Ballet choreography takes priority over all other choreography. Jazz choreography takes priority over contemporary and lyrical choreography.

Peewee - Technique: 2 ballet tech (min), 1 jazz tech, 1 tap tech, 1 acro tech, 1 conditioning and 1 stretch

Mini - Technique: 2 ballet tech (min), 1 acro tech, 1 jazz tech, 1 tap tech, 1 conditioning and 1 stretch

Junior - Technique: 2 ballet tech (min), 1 acro tech, 1 jazz tech, 1 tap tech, 1 conditioning and 1 stretch

Intermediate - Technique: 3 ballet tech (min), 1 acro tech, 1 jazz tech, 1 tap tech, 1 conditioning and 1 stretch

Senior - Technique: 3 ballet tech (mini), 1 acro tech, 1 jazz tech, 1 tap tech, 1 conditioning and 1 stretch

PLEASE SIGN THE ATTACHED AGREEMENT AND RETURN IT TO ADMINISTRATION WITH A COPY OF YOUR CHILD'S BIRTH CERTIFICATE UPON COMPLETION OF YOUR CHILD'S REGISTRATION

We have read and understand the COMPETITIVE AGREEMENT and agree to follow the guidelines as outlined for the 2019-2020 dance season.

Dancer's Name (please print)

Dancer's Signature

Parent 1 Name (please print)

Parent 1 Signature

Parent 2 Name (please print) *If applicable

Parent 2 Signature *If applicable

Date